

PRE-CONGRESS WORKSHOP

10th March 2016 (Thursday)

TIME		VENUE			
		WORKSHOP ROOM 1	WORKSHOP ROOM 2	WORKSHOP ROOM 3	WORKSHOP ROOM 4
1330	1730	REGISTRATION COUNTER OPENS			
PRE-CONGRESS WORKSHOPS					
		Advanced Acute Pain Workshop for Nurses	Ultrasound Guided Pain Blocks	Guidelines On Opioid Prescribing for Chronic Non Cancer Pain	Psychosocial Assessment and Management of Chronic Pain
		Instructor: Assoc Prof Dr Choy Yin Choy	Instructor: Dr Ng Kim Swan	Instructor: Dr Mary Suma Cardosa	Instructors: Dr Zubaidah Jamil Osman & Shawn Lee Ji Kwan
		Facilitators: <ul style="list-style-type: none"> • Ho Siew Eng • Foong Sai Moy • Dr Usha Rajah 	Facilitators: <ul style="list-style-type: none"> • Dr Ahmad Afifi Mohd Arshad • Dr Anwar Samhari Mat Arshad • Dr Lai Hou Yee • Dr Khoo Eng Lea • Dr Tan Hung Ling 	Facilitators: <ul style="list-style-type: none"> • Prof Dr Ramani Vijayan Sannasi • Dr Lim Ern Ming 	Facilitators: <ul style="list-style-type: none"> • Sam Jeng Mun • Lee Sook Huey • Sharlene Teo Shu Lin • Evelyn Soong Yoke Fen
1430	1730	Description: This workshop is designed to cover acute pain management with emphasis on practical issues. Basic understanding of acute pain, clinical features, underlying physiological mechanism, treatment strategies will be presented. Practical examples of acute pain will be discussed to illustrate important principles. To further impress on the participants, role play sessions will be included on several common examples of daily acute pain management e.g. postoperative pain, procedural pain in ward and cancer pain.	Description: This workshop is for those who are already familiar with ultrasound-guided peripheral nerve blocks, and will teach participants on the use of ultrasonography for chronic pain interventions, including musculoskeletal injections, truncal blocks and neuraxial blocks. A comparison of ultrasound compared to fluoroscopy for chronic pain blocks will be included. Ultrasound imaging for a number of interventional procedures will be demonstrated on volunteers, and participants will have the opportunity to have hands-on experience with scanning at different stations.	Description: This workshop provides a comprehensive coverage on pain management including introduction, assessment and management of chronic non-cancer pain. It also addresses the use of strong opioids in patients with chronic non-cancer pain patients. A complimentary copy of "A guide to the use of strong opioids in chronic non-cancer pain" will also be given to all participants who attend this workshop.	Description: This workshop introduces the participants to the biopsychosocial model of chronic pain management. The participants will have an overview of the psychosocial co-morbidities presented in chronic pain patients and learn how to assess for them. In addition, the workshop will provide psychological tools that can be easily adopted by non-psychologists.

SCIENTIFIC PROGRAMME

11th March 2016 (Friday)

		LECTURE HALL A		LECTURE HALL B		LECTURE HALL C		
TIME		REF.	TOPIC	REF.	TOPIC	REF.	TOPIC	
0730	1700	REGISTRATION COUNTER OPENS						
0830	0900	OPENING CEREMONY						
PLENARY 1								
0900	0930	Chairperson: <i>Dr Mary Suma Cardosa</i>						
		P1	Pain Management - Why Focus on Primary Care? <i>by Dr Ian Thong</i>					
PLENARY 2								
0930	1000	Chairperson: <i>Dr Mary Suma Cardosa</i>						
		P2	Pain Education for Non-Pain Specialists: A Global Experience <i>by Assoc Prof Dr Roger Goucke</i>					
1000	1030	TEA BREAK						
1030	1115	SPONSORED SYMPOSIUM BY PFIZER						
1115	1245	SYMPOSIUM 1: LOW BACK PAIN		SYMPOSIUM 2: PHARMACOTHERAPY IN PAIN MANAGEMENT		MINI-WORKSHOP 1		
		Chairperson: <i>Dr Raveenthiran Rasiah</i>		Chairperson: <i>Prof Dr Ramani Vijayan Sannasi</i>		MW1	Acupuncture and Acupressure for Pain	
		S1.1	Management of Acute Low Back Pain - Can We Prevent it from Becoming Chronic? <i>by Assoc Prof Dr Choy Yin Choy</i>	S2.1	Non Steroidal Anti Inflammatory Drugs - Are They Overused in Primary Care? <i>by Dr Pauline Lai Siew Mei</i>	<i>Instructor: Dr Kavita M. Bhojwani</i> Acupuncture is used in the Pain-Free hospital concept and a number of acupuncture assisted anaesthesia (AAA) cases have been performed like excision of breast lumps, cranioplasties and thyroidectomies. Use of intraoperative acupuncture has been found to reduce the requirements of opioids and antiemetics postoperatively. The aim of this workshop will be to demonstrate the relevant acupoints and to have a hands-on experience.		
		S1.2	The Value of Imaging for Low Back Pain <i>by Dr Lee Chun Cheng</i>	S2.2	Lessons from the West - Opioid Addiction in Primary Care <i>by Dr Ian Thong</i>			
		S1.3	Interventions in Chronic Low Back Pain, When to Refer to the Pain Clinic <i>by Dr Muralitharan Perumal</i>	S2.3	Not All "Pain Patches" Are the Same - Topical and Transdermal Analgesic Agents <i>by Dr Lim Ern Ming</i>			
1245	1430	FRIDAY PRAYERS AND LUNCH BREAK						

SCIENTIFIC PROGRAMME

11th March 2016 (Friday)

		LECTURE HALL A		LECTURE HALL B		LECTURE HALL C	
TIME		REF.	TOPIC	REF.	TOPIC	REF.	TOPIC
1430	1600	SYMPOSIUM 3: CANCER PAIN MANAGEMENT IN THE COMMUNITY		SYMPOSIUM 4: NEUROPATHIC PAIN		MINI-WORKSHOP 2	
		Chairperson: <i>Assoc Prof Dr Choy Yin Choy</i>		Chairperson: <i>Dr Lim Ern Ming</i>		MW2	Practical Pain Management Skills 1: Relaxation
		S3.1	Treatment Adherence Issues in Relieving Cancer Pain <i>by Dr Norhana Yazid</i>	S4.1	Diagnostic Approach in Neuropathic Pain <i>by Dr Jimmy Barus</i>	<i>Instructor: Shawn Lee Ji Kwan</i> There has been extensive research in examining the effectiveness of adopting relaxation techniques into the management of chronic pain. In this workshop, participants will learn the different types of relaxation techniques, rationale of each technique, and possible challenges faced by health care providers in managing patients presented with different types of chronic pain. This workshop will also incorporate demonstration of the techniques, and hands-on experience in executing the self-management intervention.	
		S3.2	Complex Cancer Pain Management <i>by Dr Wan Rohaidah Wan Ahmad</i>	S4.2	Management of Post-Herpetic Neuralgia <i>by Dr Harijah Wahidin</i>		
S3.3	Relieving Pain Without Medications <i>by Christine Low</i>	S4.3	Prevention of Neuropathic Pain <i>by Prof Dr Ramani Vijayan Sannasi</i>				
1600	1630	TEA BREAK					
1630	1800	MASP ANNUAL GENERAL MEETING (for members only) - Lecture Hall B					
1930	Late	FACULTY DINNER					

SCIENTIFIC PROGRAMME

12th March 2016 (Saturday)

		LECTURE HALL A		LECTURE HALL B		LECTURE HALL C	
TIME	REF.	TOPIC		REF.	TOPIC	REF.	TOPIC
0730	1700	REGISTRATION COUNTER OPENS					
PLENARY 3							
0830	0900	Chairperson: <i>Prof Dr Marzida Mansor</i>					
	P3	Cancer Pain Management - Hospital-Community Interface <i>by Dr Ednin Hamzah</i>					
PLENARY 4							
0900	0930	Chairperson: <i>Prof Dr Marzida Mansor</i>					
	P4	Reducing Unnecessary Pain in Paediatrics <i>by Prof Dr Allen Finley</i>					
PLENARY 5							
0930	1000	Chairperson: <i>Prof Dr Marzida Mansor</i>					
	P5	Shared Decision Making in Pain Management <i>by Prof Dr Ng Chirk Jenn</i>					
1000	1030	TEA BREAK					
1030	1200	SYMPOSIUM 5: HEADACHE AND FACIAL PAIN		SYMPOSIUM 6: ACUTE PAIN		MINI-WORKSHOP 3	
		Chairperson: <i>Dr Zubaidah Jamil Osman</i>		Chairperson: <i>Dr Muralitharan Perumal</i>		MW3	Dispensing Opioids In The Primary Care/ Poison Schedule/ Regulation
		S5.1	Headache: What Not to Miss, and How? <i>by Assoc Prof Dr Nik Sherina Haidi Hanafi</i>	S6.1	Perioperative Peripheral Nerve Block in Acute Pain Management <i>by Dr Lai Hou Yee</i>	<i>Instructor: Munira Mohammad Izat</i> This workshop focuses on strong opioids dispensing and practical counseling points that can be adapted by all healthcare professionals. It also discusses the counter-balance of controlled substances regulation in Malaysia in ensuring the availability and accessibility of strong opioids without increasing the risks of diversion from licit to illicit use. In addition, this workshop will also cover on specialized pharmacist service in chronic pain clinic.	
		S5.2	Psychological Strategies for Headaches <i>by Shawn Lee Ji Kwan</i>	S6.2	Acute Postoperative Pain Management for the Chronic Pain Patient <i>by Dr Usha Rajah</i>		
		S5.3	Intervention for Trigeminal Neuralgia - What Works? <i>by Dr Toh Charng Jeng</i>	S6.3	Pain Management After Arthroplasty: The Challenges <i>by Prof Dr Azlina Amir Abbas</i>		
LUNCH SYMPOSIUM BY MUNDIPHARMA							
1200	1245	Chairperson: <i>Dr Lim Ern Ming</i>					
	SS2	Managing Chronic Non-Cancer Pain using Buprenorphine Transdermal Patch <i>by Elayne Chan</i>					
1245	1330	LUNCH BREAK					

1330	1430	Best Free Paper Poster Presentation Competition Location: Poster Area, Foyer of Conference Floor					
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SCIENTIFIC PROGRAMME

12th March 2016 (Saturday)

		LECTURE HALL A		LECTURE HALL B		LECTURE HALL C	
TIME		REF.	TOPIC	REF.	TOPIC	REF.	TOPIC
1330	1500	SYMPOSIUM 7: MANAGEMENT OF PAIN IN CHILDREN		SYMPOSIUM 8: CHALLENGING PAIN ISSUES		FREE PAPER ORAL PRESENTATIONS	
		Chairperson: <i>Dr Athena Tang Mee Yee</i>		Chairperson: <i>Dr Lai Hou Yee</i>		Chairperson: <i>Assoc Prof Dr Choy Yin Choy</i>	
		S7.1	Managing Cancer Pain in Children <i>by Datuk Dr Kuan Geok Lan</i>	S8.1	"Doctor, My Whole Body Hurts!": Approaches to Diagnosis and Management of Chronic Widespread Pain <i>by Dr Mary Suma Cardoso</i>	FP001	Prevalence of Neuropathic Pain Post Lower Limb Amputation in Hospital Selayang <i>by Dr Norazimimah Abdullah</i>
		S7.2	Management of Procedural Pain in Children <i>by Dr Tang Swee Ping</i>	S8.2	Pain and Sick Leave in Primary Care <i>by Dr Siti Aminah Akbar Merican</i>	FP002	Analgesia for Knee Pain in Patients with Past History of Peptic Ulser Disease <i>by Dr Tun Firzara Abdul Malik</i>
		S7.3	Chronic Pain in Children - Going Beyond Medications <i>by Prof Dr Allen Finley</i>	S8.3	Recurrent Visceral Pain - How to Manage? <i>by Assoc Prof Dr Roger Goucke</i>	FP003	Retrospective Review of Opioid Usage in Post-Mastectomy Patients in Hospital Kuala Lumpur <i>by Dr Tan Hung Ling</i>
				FP004	Ethnic Differences of Prevalence of Knee Pain Among Adults in the Community <i>by Dr Beh Hooi Chin</i>	FP005	Perioperative Analgesia for Total Knee Replacement Surgery in Tertiary Government Hospital <i>by Dr Afnizar Akbar</i>
1500	1530	TEA BREAK					
1530	1700	SYMPOSIUM 9: MUSCULOSKELETAL PAIN		SYMPOSIUM 10: PAIN IN THE ELDERLY		MINI-WORKSHOP 4	
		Chairperson: <i>Dr Ng Kim Swan</i>		Chairperson: <i>Prof Dr Ramani Vijayan Sannasi</i>		MW4	Practical Pain Management Skills 2: Pacing and Goal Setting
		S9.1	Chronic Joint Pain - What Can Be Managed at Primary Care? <i>by Dr Ruziaton Hasim</i>	S10.1	Assessment of Pain in The Elderly <i>by Dr Yau Weng Keong</i>	<i>Instructor: Dr Zubaidah Jamil Osman</i> Previous studies indicate positive functional outcomes in patients incorporating psychological approaches in managing their pain, but only few healthcare providers are specifically trained in delivering them to patients – consequently most of the patients with chronic pain will be treated conservatively without observable functional improvement. This workshop will provide the psychological strategies, namely goal setting and pacing, to help clinicians formulate effective treatment plans when managing patients with chronic pain.	
		S9.2	Occupational Hazards Presenting as Pain <i>by Dr Abed Onn</i>	S10.2	Safety Consideration in Pharmacological Treatment of Chronic Pain In The Elderly <i>by Dr Jimmy Barus</i>		
S9.3	Management of Chronic Back Pain with "Neuropathic" Component <i>by Dr Athena Tang Mee Yee</i>	S10.3	Role of Physical Therapy for Chronic Pain Management in the Elderly <i>by Lily Fairuz Md Yasan</i>				
1700	CLOSING CEREMONY, GIVING OUT AWARDS AND END OF CONFERENCE						